

FIFA Grassroots

9 v 9 games

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9 v 9. BASIC RULES

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9 reasons to play 9-a-side

- To adapt the game to the existing fields (11-a-side).
- To have more players playing (11-a-side).
- To have an intermediate size between 7-a-side and 11-a-side.
- To improve the occupation of the field.
- To have a good harmony between the lines.
- To develop the game on the wings.
- To encourage the offensive game.
- To develop the adaptation of the individuals and the team.
- Progress and development.

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- 9-a-side football
 - Increases the number of one-on-ones duels and situations of opposition / 7-a-side
 - Realisation of the technical movements must be more precise and faster / 7-a-side
- The coach-educator must promote the learning of the technique (control, running with the ball, dribbling, passing, shooting)
- The relation body-ball is the main component of the session.
- In the games, the educator must also develop the basics of playing in a team
 - To propose a consistent team organisation
 - To position the players.
 - Animation of the system (collective movements of players, conservation of the ball, moving back when the team loose the ball, etc.)

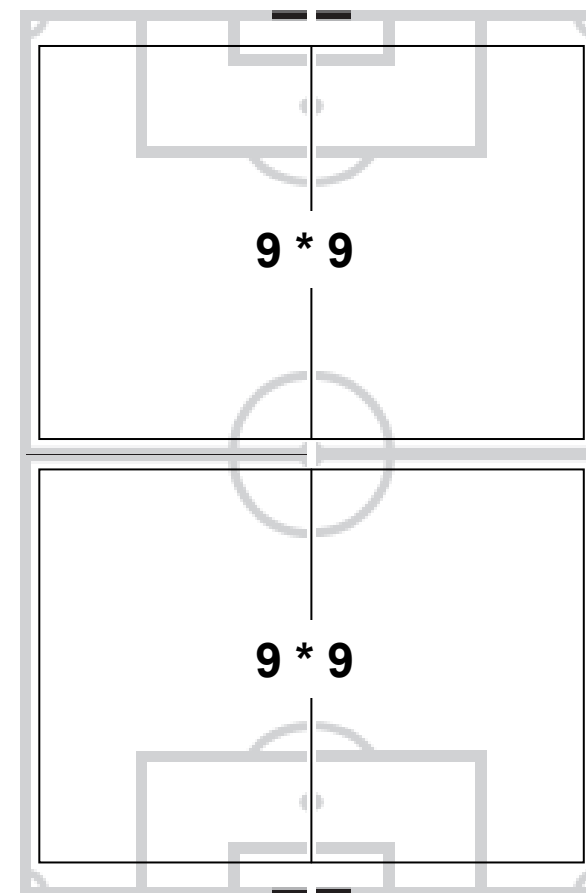
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The pitch

- 9 v 9: from 45m x 60 m to 50 m x 67 m
(around half-pitch size)
- 4 cones or markers, one placed 12 metres from each corner along the length of the field, to demarcate the box. To play with the hands: same rules as for 11-a-side
- Penalty: 9 metres.
- If there are no goalposts, use 2 cones or poles 6 metres apart



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The teams

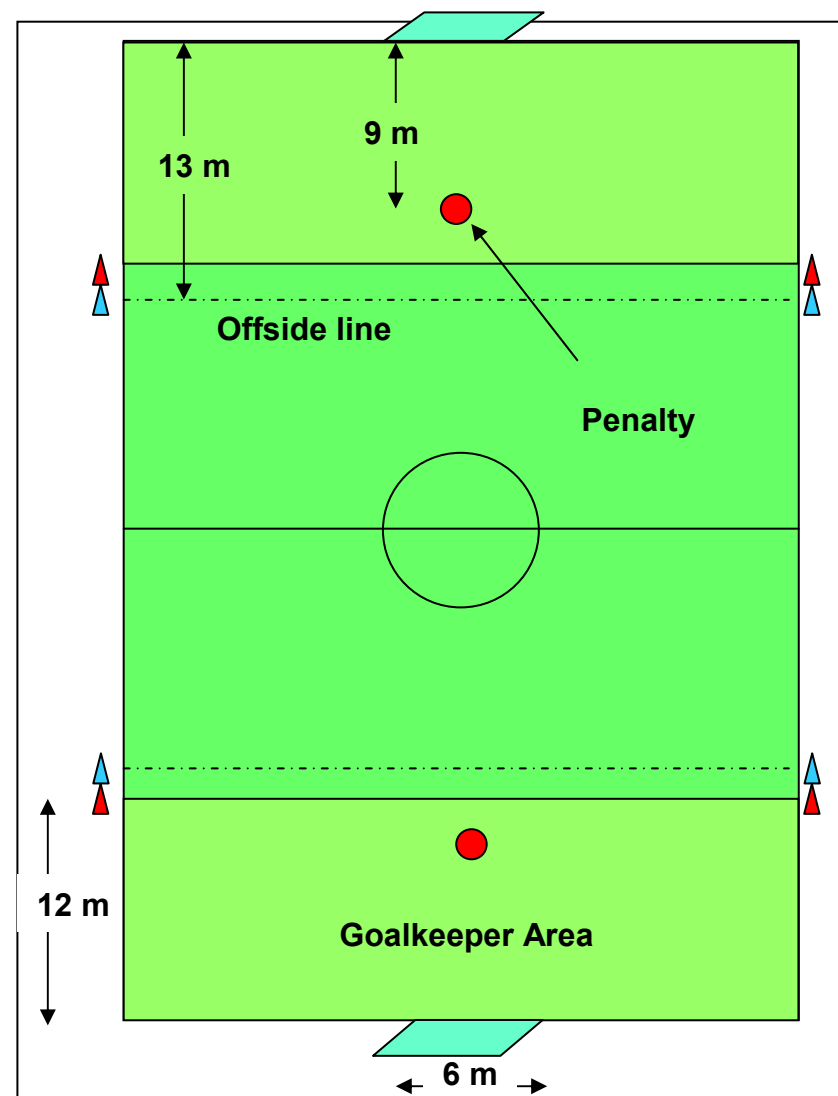
- One team: 9 players (boys and girls) including the goalkeeper.
- 7 substitutes allowed. They can play at any time.
- The substituted players can participate again in the game.
- During festivals, all the players (boys and girls) must play the same.

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- The rules
 - All free kicks are direct.
 - Offside delimited by a virtual line (2 cones or markers) at 13 metres of the goal line.
 - Penalty if the referee consider a serious fault in the Goalkeeper area.
 - Free kick, clearance, corner : opposite players at 6 metres.
 - Penalty : players behind a line passing on the penalty point, and at 6 metres.
- Ball: size 4
- Duration: maximum 2 * 25/30 min
- Refereeing: Refereeing inside the field, to promote refereeing among young referees.



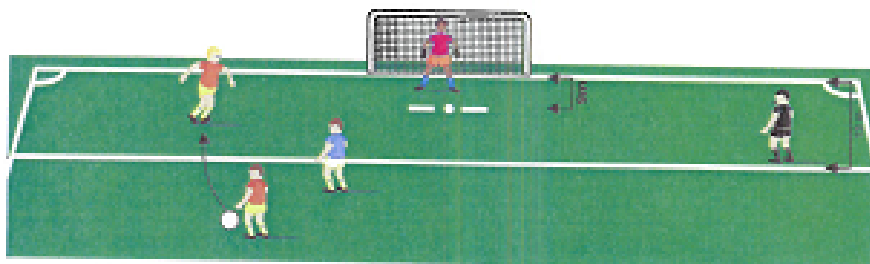
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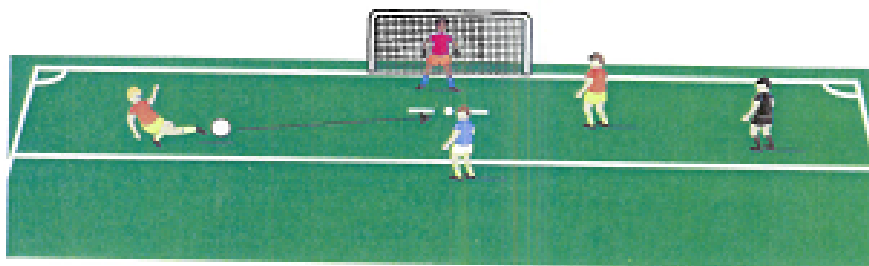
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- The rules of offside
 - Same as 11-a-side, but the offside line is 13 metres from the goal line.

Offside

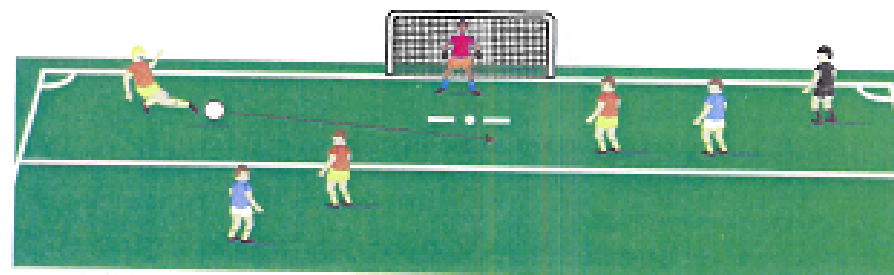


Hors-jeu : joueur devant le ballon dans la zone de H.J.

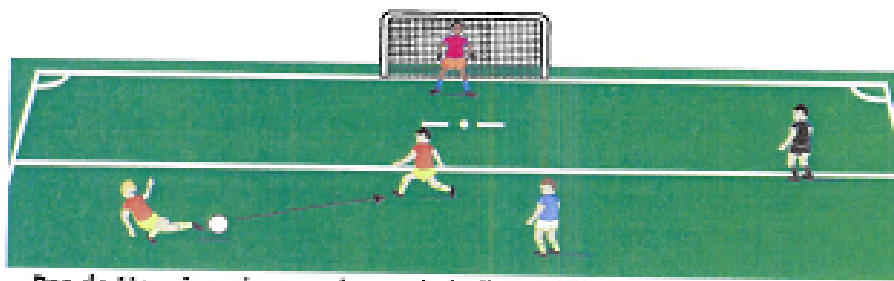


Hors-jeu : joueur devant le ballon dans la zone de H.J.

No offside



Pas de Hors-jeu : joueur dans la zone de H.J., mais derrière le ballon



Pas de Hors-jeu : joueur devant le ballon, mais hors de la zone de H.J.

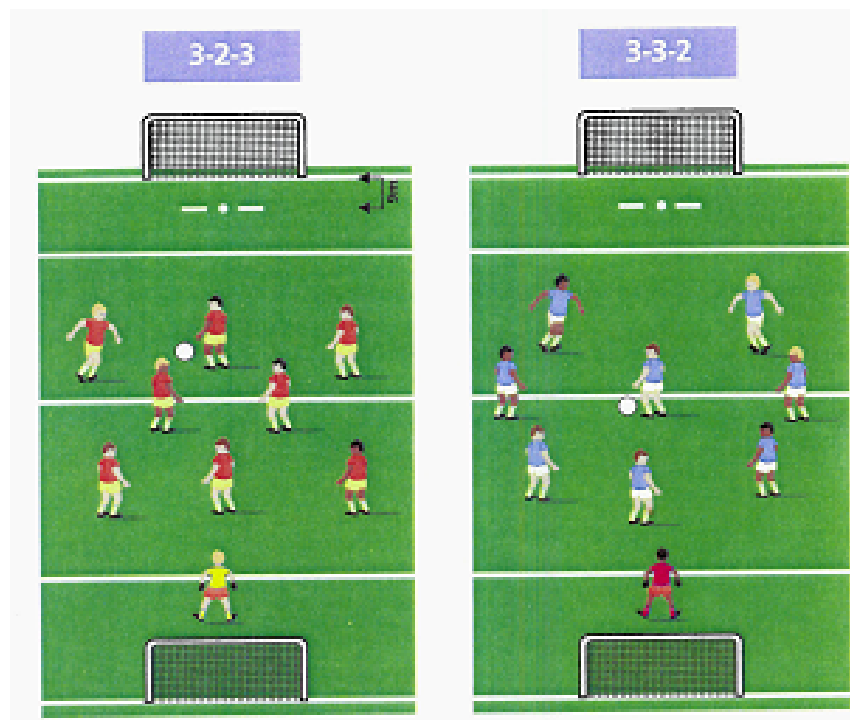
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Basic organisation

- **3 lines: balance, better use of the space**
- **Play on the wings**
- **Promotion of offensive game, more shots**



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The attitude during the games

- Two situations occur during the game and are followed by different attitudes
 - The team has the ball (attack):
 - Play towards the front
 - Get free (use of spaces)
 - Play back (pivot) – support
 - Passing, dribbling, shooting
 - The team does not have the ball (defence):
 - Move back, facing the ball
 - Delay the progress of the opponents
 - Mark the opponents
 - Intercept
 - Head-to-heads