
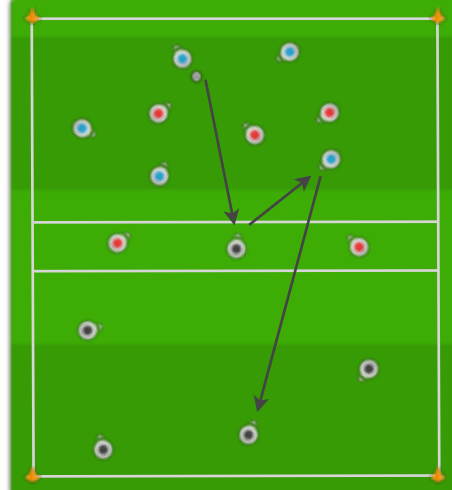


		Learning contents and aims	OFFENSIVE REFLECTION GUIDELINES	DEFENSIVE REFLECTION GUIDELINES	EC	EF	Series	Rep.	Tp Inv.	Tp refl.	
Problem 1	O.1 - O.2	O.1.1. Offensive transition O.2.2. Possession game and position.	<ul style="list-style-type: none"> - Readjusting role immediately (O.1.1) - Analysis of the environment (O.1.1) - First security pass (O.1.1) - Take the ball off recovery zone (O.1.1) - Identify free men (O.1.1) - Evaluate risks in the passes (O.2.2) - Use tense and low passes (O.2.2) - Players at different heights and halls - Adequate the speed of the ball movement depending of the game necessities (O.2.2) 	<ul style="list-style-type: none"> - Readjusting role immediately (D.1.1) - Prevent the first security pass (D.1.1) - Prevent the ball leaves the loss area (D.1.1) - Players next to loss area have to steal the ball immediately and avoid that the opponent found ways to progress (D.1.1) - Harass the player in possession of the ball and the potential receivers (D.1.1) 	EC1	R2	1	4	5'	1'	
	D.1 - D.2	D.1.1. Pressing after loss. D.2.2. Hustling zone defense.									
Problem 2	O.1 - O.2	O.1.1. Offensive transition O.2.2. Possession game and position. O.2.4. Defensive balance in the positional attack.	<ul style="list-style-type: none"> - Readjusting role immediately (O.1.1) - Analysis of the environment (O.1.1) - First security pass (O.1.1) - Take the ball off recovery zone (O.1.1) - Identify free men (O.1.1) - Use tense and low passes (O.2.2) - Players at different heights and halls - Maximum width and depth - Creation of associative pass triangles 	<ul style="list-style-type: none"> - Readjusting role immediately (D.1.1) - Prevent the first security pass (D.1.1) - Prevent the ball leaves the loss area (D.1.1) - Players next to loss area have to steal the ball immediately and avoid that the opponess found ways to progress (D.1.1) - Harass the player in possession of the ball and the potential receivers (D.1.1) -Control the around space and get into focus the opponents (D.2.2) - Guide the opponent to areas where it's more probably that they lose the ball (D.2.2) - Reduce to the maximum the space between our lines (D.2.2) 	EC2	R2	1	4	4'	1'	
	D.1 - D.2	D.1.1. Pressing after loss. D.2.2. Hustling zone defense. D.2.4. Offensive balance in the defense of the positional attack.									
Problem 3	Team A	O.2	<ul style="list-style-type: none"> - Use few touches (O.1.3) - Avoid unnecessary 1x1 (O.1.3) - Avoid the offside (O.1.3) - Change the direction and the rhythm (O.3.1). - Announce one movement to make another different (O.3.1). - Change the dribbling and the way out profiles (O.3.1). - Prioritize to finalize when there are options of shoot (O.3.1). 	<ul style="list-style-type: none"> - Readjusting role immediately (D.1.1) - Prevent the first security pass (D.1.1) - Prevent the ball leaves the loss area (D.1.1) - Players next to loss area have to steal the ball immediately and avoid that the opponess found ways to progress (D.1.1) 	EC2	R6	1	10	6''	30''	
		D.1									D.1.1. Pressing after loss.
	Team B	O.1									O.1.3. Counterattack.
		D.2									D.1.3. Defense to a counterattack.
Problem 4	Team A	O.2	<ul style="list-style-type: none"> - Dynamism to find reception spaces (O.2.3). - Search of interior passes (O.2.3). - Use the sequence support-rupture and vice verse (O.2.3). - Occupy the intervals (O.2.3). - Run with ball to fix and pass (O.2.3). 	<ul style="list-style-type: none"> - Readjusting role immediately (D.1.1) - Prevent the first security pass (D.1.1) - Prevent the ball leaves the loss area (D.1.1) - Players next to loss area have to steal the ball immediately and avoid that the opponess found ways to progress (D.1.1) - Guide the opponess attack to the side (D.1.3) 	EC3	R3	1	2	10'	2'	
		D.1									D.1.1. Pressing after loss. D.1.3. Defense to a counterattack.
	Team B	O.1									O.1.1. Offensive transition O.1.3. Counterattack.
		D.2									D.2.3. Last line of defense. D.2.4. Offensive balance in the defense of the positional attack.