

The Dutch vision on Youth Development








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Introduction

Albert Stuivenberg






-  National Team Coach u.17 boys
-  Ass. National Team coach u.16 boys
-  Instructor professional coaching course (TC I–UEFA A Youth)
-  Former Head of the Academy Feyenoord Rotterdam
-  16 years of coaching experience in youth football



Dutch Secrets ??



Vision on:

-  organisation/structure of football and competition
-  player development
-  coach education



The Netherlands



16.000.000 inhabitants

- Football = sport nr. 1
 - 38 Professional clubs
 - 3.000 Amateur clubs
 - 1.100.000 Members
 - 480.000 Youth players
 - National office in Zeist and 6 District offices
- 8 National staff coaches
 - 20 District staff coaches
 - 50 Regional Coaches

Influencing all youth coaches, officials
and other volunteers in the 3,000 clubs

Organization Youth Leagues



Youth Leagues in each of 6 Districts and National

u19	}	11 vs. 11
u17		
u15		
u13		
u11		
u9	}	7 vs. 7
u7		
u6	→	4 vs. 4

Organized Club
football from the
age of 5!

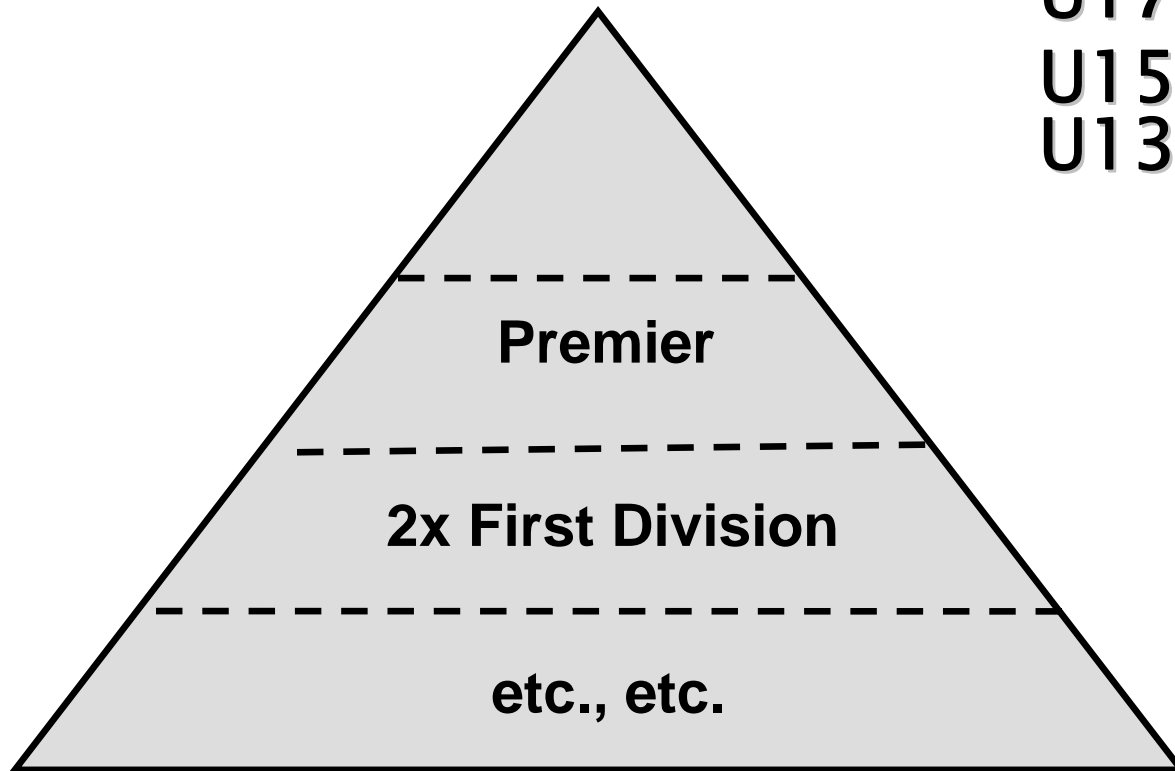
Youth Leagues

the best players play against the best








National Youth Leagues:

U19
U17
U15
U13



The Dutch way



-  Individual development and team development
-  Youth development is a joined responsibility of the Association and the Clubs
-  The best players play with the best against the best
-  Talented players have about 6 training sessions and 1 or 2 competitive games per week.
-  Well educated and football experienced coaches for talented players.






Vision on player development

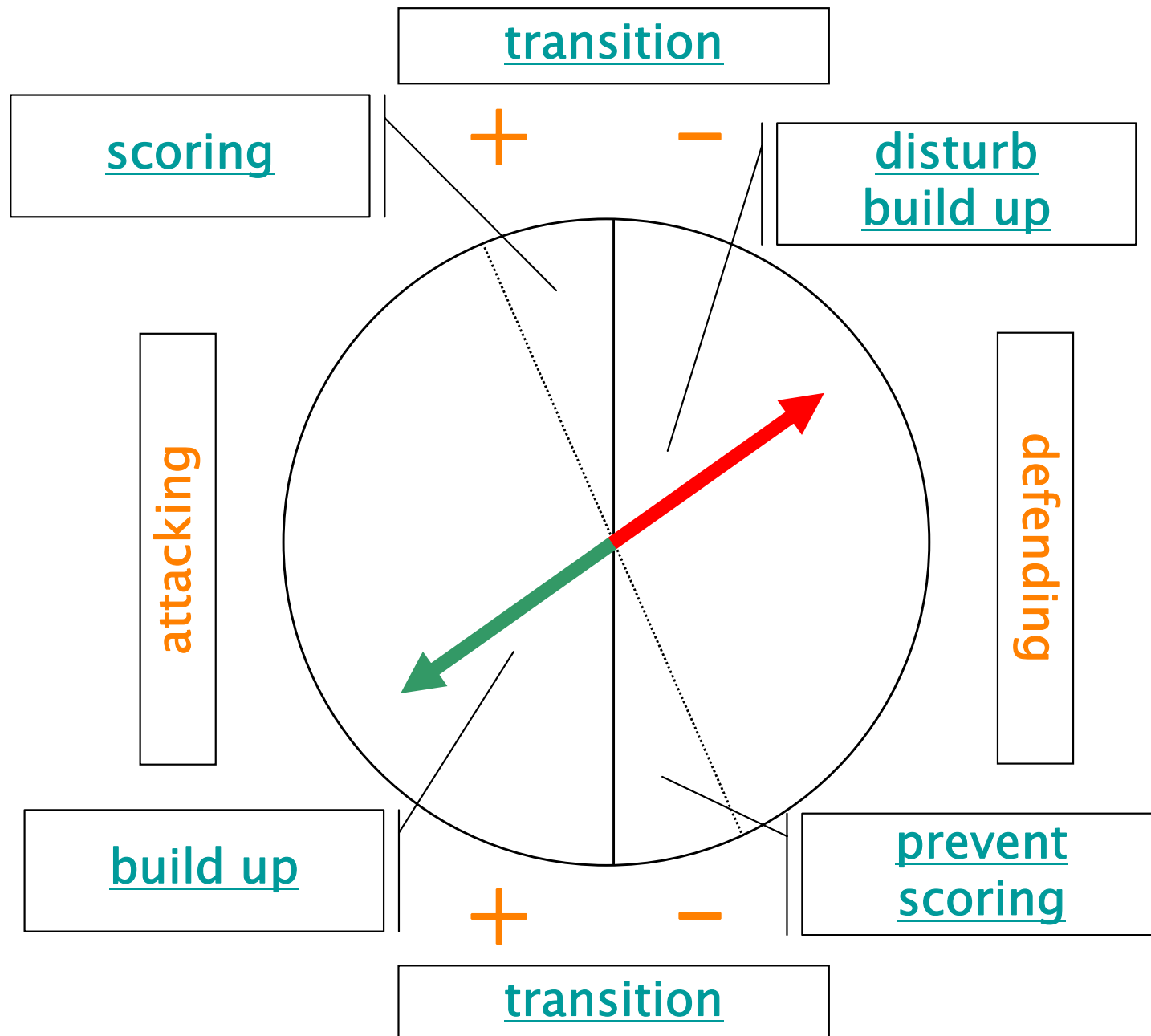


Vision on Football



-  What's the aim of the game?
-  What are the characteristics of the game?
-  What is the structure of the game?

Football, what is it?



Aim of the game:

Winning

Team Functions:

attacking – defending – transition



Team Tasks:

Building up and scoring/ disturbing and preventing scoring

Actions in football

Actions in football			
Supporting (of the core) Insight in the game: – individual player – choices – observing – relation teamtask/ teamfunction	the core Actions of movements		Supporting (of the core) Communication: – tuning of football actions – Cooperation of players on team level
	with ball (technique)	without ball	
	– passing – receiving – dribbling – shooting – heading – sliding	– running into free space – squeezing – giving pressure – marking – cover	

Youth Football Training????



What you train is what you get!!!!

Youth player development proces

"developing football actions"
(within attacking, defending and transition)

Age related characteristics



The Dutch Vision on Youth Training



- ⚽ Football = attacking, defending and transition
- ⚽ Learn the game by playing the game
- ⚽ The several actions should not be separated
- ⚽ Training sessions must be match related
(exercises must include attacking and defending)
- ⚽ Training is to simplify football
- ⚽ Players have to solve football situations
- ⚽ The coach must help the players to...

The Dutch Vision on Youth Football



GIVING SENSE IS THE KEY FOR MOTIVATION

Not: running for running
dribbling for dribbling
passing for passing

But: How, When and Why:
to run
to dribble
to pass

- Young Players need to recognize the Game and develop Skills to play together

Vision on coach education



Coaches



-  Rinus Michels (Ajax, FC Barcelona, The Netherlands)
-  Louis van Gaal (Ajax, FC Barcelona, The Netherlands 2008: AZ Alkmaar)
-  Leo Beenhakker (Ajax, Real Madrid, The Netherlands, Trinidad and Tobago 2008: Poland)
-  Guus Hiddink (PSV, Valencia, The Netherlands, South Korea, Australia 2008: Russia)
-  Dick Advocaat (The Netherlands (2x), PSV, Glasgow Rangers, South Korea 2008: FC Zenit, Russia)



Developing coaches

Structure



Coach Professional Football	
experience	
Trainer-Coach I	
Amateurs	Youth
experience	
Trainer-Coach II	
experience	
Trainer-Coach III	
Amateurs	Youth

UEFA PRO

UEFA A




UEFA B

Preliminary B

Characteristics coach development



Vision based on

-  Vision on football: structure of the game is starting point (aim: winning the game)
-  Vision on coaching: players themselves have to become more and more responsible for solving the football problems (dependent – independent)
-  Vision on education: learning in a practical way.






Dutch Secrets ??



No!!!

But a clear vision/idea on:

-  organisation/structure of football and competition
-  player development
-  coach education

